



LA FUENTE

MEXICAN RESTAURANT



(562) 278-2606

9452 Artesia Blvd.
Bellflower, CA 90706





WINE

GLASS	4.99
GUITARRON Bottle Reg	27.00
GUITARRON Bottle Añejo	32.00
SHOT	4.99
SHOT PREPARADO (With oysters)	6.99

Chardonnay • Cabernet Sauvignon
Merlot • White Zinfandel

CERVEZA

BEER

DOMESTIC BEER 4.99

Bud Light • Budweiser

IMPORTED BEER 4.99

Corona • Modelo • Tecate • Tecate Light • Pacifico
Bohemia • Dos XX • Negra Modelo • Sol

MICHELADAS

MICHELADA 7.99

IGUALADAS..... 6.99

COCKTAILS

FLAVORED MARGARITAS 6.99

Mango • Fresa • Limon

PIÑA COLADA..... 5.50

DRINKS

BEBIDAS

SODAS Free Refill 2.99

Coke • Diet Coke • Sprite • Fanta • Raspberry Ice Tea

SODAS MEXICANAS 1/2 Lt..... 3.50

SODAS BOTE 1.99

SANGRIA • SIDRAL 2.99

JARRITOS Tamarindo • Mandarina 2.99

AGUAS FRESCAS 2.99

(1.00¢ refill) Horchata • Tamarindo • Jamaica

MINERAL 5.99

JUICES/JUGOS

No Refill

FRESH SQUEEZED

JUICE Naranja • Zanahoria 6.99

Orange or Carrot

JUICE TO GO 32oz \$ 8.99 20oz 5.99

LICUADOS

LICUADOS Fresa • Platano..... 6.99

Strawberry or Banana

CHOCOMILK..... 5.99

HOT DRINKS

CAFE Free Refill 2.99

DECAFF Free Refill 2.99

CHOCOLATE CALIENTE 3.99

Hot Chocolate • No Refill

TE DE SABORES No Refill 2.99



*A 15% of gratuity will be added to parties of 6 or more



EMPANADAS DE CAMARON

APPETIZERS
APERITIVOS

- GUACAMOLE Small **4.99** Large **8.99**
- CHEESE QUESADILLA **6.99**
- MEAT QUESADILLA **8.99**
- SHRIMP QUESADILLA **10.99**
- MIX QUESADILLA **12.99**
- NACHOS *Regular* **7.99**
- MEAT NACHOS **9.99**
- MIX NACHOS **11.99**
- NACHOS FRENCH FRIES *Carne* **10.99**
- NACHO FRENCH FRIES *Mix* **12.99**
- CHORIQUESO **10.99**
- 3 TAQUITOS *Beef or Chicken with guacamole* **7.99**
- EMPANADAS DE CAMARON 1/2 Dz **11.99** | 1 Dz **22.99**

WARNING: Eating eggs or meat may cause severe illness and even death in persons who have liver disease. (E.G. Cancer or others chronic illness that weakens the immune system. AVISO IMPORTANTE: El comer huevos o carnes crudas pueden causar una enfermedad grave y hasta la muerte. En las personas que padecen de enfermedades del hígado (Por ejemplo cancer u otras enfermedades crónicas que debilitan el sistema inmunológico.



QUESADILLA



TAQUITOS CON GUACAMOLE



NACHOS

MOLCAJETE DE GUACAMOLE





T BONE & EGGS



HAM



BACON & EGGS



PANCAKES



HUEVOS CON CHORIZO



HUEVOS RANCHEROS



CHILAQUILES

BREAKFAST

DESAYUNOS

SERVED ALL DAY!

MEXICAN STYLE BREAKFAST

Served with Rice, Beans, & tortillas

HUEVOS RANCHEROS 9.99

CHORIZO CON HUEVOS..... 9.99

HUEVOS A LA MEXICANA..... 9.99

CHILAQUILES 10.99

Served with Rice, Beans & Sour Cream.

CHILAQUILES W/EGGS AND STEAK 16.99

MACHACA..... 10.99

BREAKFAST QUESADILLA 8.99

Bacon, Eggs and Cheese, or Ham, Eggs & Cheese
(No Rice no Beans)

BREAKFAST BURRITO..... 7.99

Bacon, Sausage or Ham, Hash Brown, Eggs, Salsa &
Cheese (No Rice no Beans)

AMERICAN STYLE BREAKFAST

Served with 3 Eggs, Hashbrowns or Homestyle
potatoes, Toast & Preserves.

BACON 9.99

LINK SAUSAGE 9.99

T BONE STEAK 16.99

HAM STEAK 10.99

CARNE ASADA..... 15.99

Served with 2 Eggs, 2 bacon or 2 sausage

FRENCH TOAST 10.99

(3)PANCAKES..... 9.99

OMELETTES

Served with 4 Eggs, Hashbrowns
or Home Style Potatoes

DENVER (Onions, Ham & Bell Peppers)..... 9.99

HAM & CHEESE..... 9.99

SPANISH STYLE 9.99

GUACAMOLE 9.99

VEGETARIAN 9.99

BACON AVOCADO CHEESE 10.99

SIDES

HASHBROWN 3.99

SIDE FLOUR TORTILLA 0.99

SIDE CORN TORTILLA 0.99

SIDE PAN TORTA 1.99

SIDE BACON (4) 3.99

SIDE SAUSAGE (4) 3.99

ONE EGGS.....0.99 TWO EGGS..... 1.99

SIDE CHILAQUILES 5.99

SIDE CHORIÑO 5.99

SIDE HOME POTATO 3.99

(1) PANCAKE..... 1.99

(1) FRENCH TOAST 2.99

WARNING: Eating eggs or meat may cause severe illness and even death in persons who have liver disease. (E.G. Cancer or others chronic illness that weakens the immune system. AVISO IMPORTANTE: El comer huevos o carnes crudas pueden causar una enfermedad grave y hasta la muerte. En las personas que padecen de enfermedades del hígado (Por ejemplo cancer u otras enfermedades crónicas que debilitan el sistema inmunológico.

MEXICAN DINNER

PLATOS MEXICANOS

*Se sirven con Arroz, Frijoles, y Tortillas
Served with Rice, Beans & Tortillas
No Substitutions*

FAJITAS DE ASADA	Steak Fajitas	17.99
FAJITAS DE CAMARON	Shrimp Fajitas	18.99
FAJITAS DE POLLO	Chicken Fajitas	17.99
FAJITAS MIXTAS	Mixed Fajitas	18.99

CARNE ASADA Y CAMARON	16.99
<i>Steak & Shrimp</i>	
CARNE ASADA <i>Steak</i>	15.99
CARNE A LA MEXICANA	14.99
STEAK RANCHERO	15.99
<i>Steak Ranchero Style</i>	
T-BONE STEAK	16.99
<i>T-Bone Steak served with rice, beans & baked potato.</i>	
T-BONE STEAK & CRAB	18.99
<i>Served with vegetables & baked potato.</i>	
T-BONE STEAK & BREADED SHRIMP ...	18.99
<i>Served with vegetables & french fries</i>	
BBQ T-BONE STEAK	18.99
<i>Served with rice, vegetables & baked potato..</i>	
T-BONE STEAK Y CAMARON AL GUSTO	20.99
<i>Garlic Shrimp, Breaded, A la Diabla, Grilled or Culichi style shrimp. Served with Baked Potato & Vegetables</i>	
BARBACOA	12.99
<i>Served with rice and beans</i>	
PECHUGA DE POLLO <i>Chicken Breast</i>	14.99
PECHUGA DE POLLO	
CON AGUACATE Y QUESO	16.99
<i>Chicken Breast with Avocado & Cheese</i>	
MILANESA DE CARNE <i>Breaded Beef</i>	13.25
MILANESA DE POLLO <i>Breaded Chicken</i> ...	14.99

MOLCAJETE MIXTO

Shrimp, Steak, Chicken, Cheese
(1 person) **19.99** (2 people) **38.99**

MOLCAJETE MEXICANO

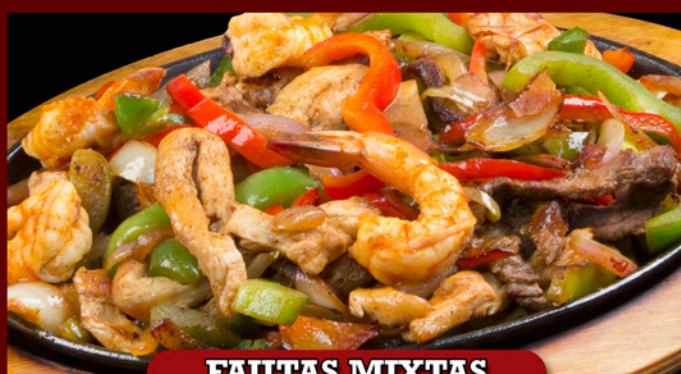
Chorizo, Steak, Chicken, Cheese
(1 person) **19.99** (2 people) **38.99**

MOLCAJETE DE MARISCOS

Shrimp Molcajete
(1 person) **19.99** (2 people) **38.99**

SIDES

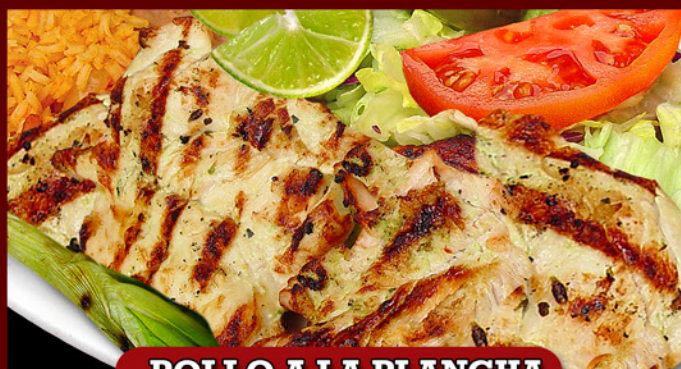
SOUR CREAM	2.99	• GUACAMOLE	4.99
BEANS	2.99		
RICE	2.99		
RICE & BEANS	3.99		
BAKED POTATO	3.99		
AVOCADO	4.99		
SIDE FLOUR TORTILLA	0.99		
SIDE CORN TORTILLA	0.99		
SIDE PECHUGA	8.99		
JACK CHEESE	2.99		
SIDE NOPALES (3)	3.99		
SIDE ASADA	9.99		
SIDE QUESO FRESCO	3.99		
SIDE CHILES TOREADOS (3)	0.99		
SIDE T-BONE	12.99		
SIDE GRILLED SHRIMP (7)	10.99		
SIDE COSTA AZUL SHRIMP	13.99		
ANY HOMEMADE SALSA	3.99		
SALSA EMPANADAS	3.99		
VEGETALES	3.99		



FAJITAS MIXTAS



T-BONE CON CRAB



POLLO A LA PLANCHA



CARNE ASADA CON CAMARON



MOLCAJETE MEXICANO

WARNING: Eating eggs or meat may cause severe illness and even death in persons who have liver disease (E.G. Cancer or others chronic illness that weakens the immune system).
AVISO IMPORTANTE: El comer huevos o carnes crudas pueden causar una enfermedad grave y hasta la muerte. En las personas que padecen de enfermedades del hígado (Por ejemplo cancer u otras enfermedades crónicas que debilitan el sistema inmunológico).



CHILE VERDE



2 CHILES RELLENOS



CHEESE ENCHILADA-TACO-CHILE RELLENO



CHEESE ENCHILADAS



CARNITAS

COMBINATIONS

COMBINACIONES

All include rice & beans
Tacos – choice of hard or soft

1. ONE CHEESE ENCHILADA & A BEEF TACO 10.99
2. CHILE RELLENO & A CHEESE ENCHILADA 10.99
3. TWO CHICKEN ENCHILADAS 10.99
4. TWO FLAUTAS 11.99
5. TWO GROUND BEEF ENCHILADAS 10.99
6. TWO BEEF TACOS 9.99
7. CHILE VERDE *Green Chile* 11.99
8. TWO TAQUITOS *With Guacamole* 11.99
9. ENCHILADAS SUIZAS 10.99
10. TWO CHEESE ENCHILADAS 8.95
11. ONE CHILE RELLENO 10.99
12. TWO CHILES RELLENOS 12.99
13. ONE BEEF TACO & A CHILE RELLENO 10.99
14. ONE CHEESE ENCHILADA, TACO & CHILE RELLENO 14.99
15. CARNITAS PORK 12.99
16. THREE TACOS 12.99
17. TWO ENCHILADAS DE CAMARON *Shrimp enchiladas* 13.99
18. TWO CRAB ENCHILADAS *Enchiladas de jaiba* 13.99

A LA CARTA

- CHEESE ENCHILADA 1.99
CHICKEN OR BEEF ENCHILADA 2.99
SHRIMP ENCHILADA 3.99
BEEF OR CHICKEN FLAUTA 3.99
BEEF OR CHICKEN TAQUITO 1.99
CHILE RELLENO 3.99
SIDE CHILE VERDE 7.99
JACK CHEESE 2.99
SALSA HOMEMADE 3.99



2 ENCHILADAS SUIZAS



ENCHILADAS DE CAMARON



CAMPECHANA

MARISCOS

SEAFOOD

TOSTADAS

CEVICHE DE CAMARON	6.99
CEVICHE DE PESCADO (Fish)	6.99
CAMARON (Shrimp)	6.99
PULPO (Octopus)	6.99
JAIBA	6.99
MIX CAMPECHANA	8.99

COCTELES

CAMARON (Shrimp)	14.99
PULPO (Octopus)	14.99
CAMPECHANA	16.99
ABULON	14.99
MIXTO	16.99



CAMARONES CULICHI

CAMARONES

*Todos se sirven con Arroz, Frijoles, Guacamole y Tortillas
All served with Rice, Beans, Guacamole and Tortillas*

RANCHEROS	15.99
<i>In a delicious Tomato Sauce, Bell Pepper & Onions</i>	
AL MOJO DE AJO	15.99
<i>Cooked with Garlic butter</i>	
CAMARONES A LA DIABLA In Hot sauce .	15.99
CAMARONES COSTA AZUL	17.99
<i>Bacon wrapped Shrimp and stuffed with Crab</i>	
CAMARONES EMPANIZADOS	15.99
<i>Breaded Shrimp</i>	
CAMARONES CULICHI	15.99



CAMARONES RANCHEROS

PESCADO

Served with with Rice, Beans & Tortillas

MOJARRA FRITA Fried Tilapia	14.99
MOJARRA AL GUSTO	16.99
<i>Al mojo de ajo • A la diablo • Ranchero • Culichi •</i>	
MOJARRA CAMARONES AL GUSTO	18.99
<i>Served with baked potato and vegetables</i>	
SALMON	15.99
FILETE A LA PLANCHA	13.99
FILETE AL GUSTO	17.99
<i>Al mojo de ajo • A la diablo • Ranchero • Culichi</i>	

FILETE

CON CAMARONES AL GUSTO	20.99
-------------------------------------	--------------



FILETE CON CAMARONES

MOJARRA CON CAMARONES EMPANIZADO





OSTIONES MONTADOS



MOLCAJETE FRIO



TOSTADA CAMPECHANA



FIESTA PLATE



MARISCO MIXTO

MARISCOS

SEAFOOD

BOTANAS DEL MAR

CAMARONES AGUACHILES 18.99

Shrimp marinated in lime green juice

BOTANA A LA PLANCHA 18.99

SPICY MEX 18.99

OSTIONES EN SU CONCHA

1 DZ DE OSTIONES 17.99

1 Dz Oysters

1/2 DOCENA DE OSTIONES 1/2 Dz 10.99

1/2 Dz Oysters

1 DZ DE OSTIONES MONTADOS 21.99

1 Dz Oysters topped with shrimp ceviche & avocado

**1/2 DZ DE OSTIONES
MONTADOS** 1/2 Dz 12.99

1/2 Dz Oysters topped with shrimp ceviche & avocado

PLATOS NUEVOS

MARISCOCO MIXTO 25.99

Octopus, Abalone, Crab, Shrimp and Coconut

MARISCOCO DE CAMARON 22.99

Shrimp and Coconut

FIESTA PLATE 28.99

5 Shrimp a la Diabla sauce, 5 Garlic Shrimp, 5 shrimp wrapped with Bacon, Served with Rice & Salad

MOLCAJETE FRIO 19.99

WARNING: Eating raw oysters or meat may cause severe illness and even death in persons who have liver disease (E.G. Alcohol Cirrhosis, cancer or others chronic illness that weakens the immune system. If you eat Oysters and become ill you should seek immediate medical attention. If you are unsure if you are at risk, you should consult your physician.
AVISO IMPORTANTE: El comer ostras o carnes crudas pueden causar una enfermedad grave y hasta la muerte. En las personas que padecen de enfermedades del hígado (Por ejemplo cancer u otras enfermedades crónicas que debilitan el sistema inmunológico. Si usted come ostras crudas y se enferma, debe buscar atención medica inmediatamente. Si usted cree estar en peligro, debe consultar a su medico.

ANTOJITOS MEXICANOS

DELICIOUS MEXICAN CUISINE

SOPES

CARNE ASADA, POLLO, CARNITAS 3.99
Beef, Chicken, Pork
CAMARÓN O PESCADO 5.99
Shrimp, Fish

TOSTADAS

CARNE ASADA, POLLO, CARNITAS 6.99
Beef, Chicken, Pork

MULITAS

CARNE ASADA (Beef) 3.99
CAMARON O PESCADO (Shrimp or fish) 5.99

TORTAS

Add 1.99¢ Extra for French Fries
CARNE ASADA, POLLO O CARNITAS 7.99
Steak, Chicken, Shredded Beef or Pork
MILANESA 9.99

TACOS

Add 55¢ Extra for hard shell
Add 50 ¢ each Extra for Cheese or Guacamole
BARBACOA, CHICKEN, CARNITAS, ASADA 1.99
Shredded Beef, Chicken, Pork, Steak
TACOS DE CAMARON O PESCADO 2.99
Shrimp or Fish Grilled or breaded
TACOS GOBERNADOR (Shrimp) 3.99

BURRITOS

Served with Rice, Bean.
Sour Cream, Guacamole or Cheese .60¢ extra each
CARNE ASADA, POLLO, CARNITAS, CHORIZO 7.99
Steak, Chicken, Pork, Shredded Beef, Mexican Sausage
VEGETARIANO Veggie Burrito 7.99
CAMARON O PESCADO Shrimp or Fish Burrito 7.99
CALIFORNIA 8.99
CAMARON O PESCADO 8.99
BURRITO MIX 10.99
CHILE VERDE Pork Green Chile Burrito 7.99
MAKE IT A CHIMICHANGA FOR \$1.99 MORE

FRIJOL Y QUESO 6.99
Served with only beans & Cheese. Make it wet for 2.99 more



WET BURRITO



TORTA

WET BURRITOS

Served with Rice, Beans, Lettuce, Guacamole, Sauce, Cheese, & Sour Cream

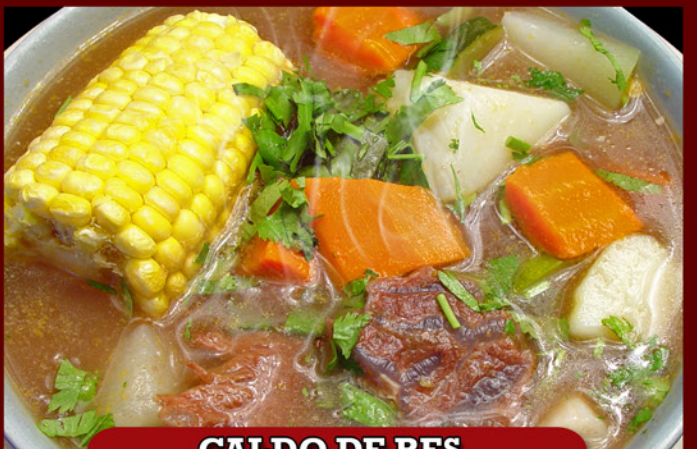
CARNE MOLIDA, CARNE ASADA, BARBACOA, CHILE VERDE, POLLO, CARNITAS 9.99
Ground, Shredded, or Plain Beef; Green Chili, Chicken or Pork
CAMARON O PESCADO Shrimp or Fish 10.99
CALIFORNIA 10.99
BURRITO MIX 12.99
MAKE IT A CHIMICHANGA FOR \$1.99 MORE

SOUPS CALDOS

7 MARES 18.99
MICHY (Fish - Shrimp) 17.99
PESCADO (Fish) 16.99
CAMARON (Shrimp) 16.99
PULPO (Octopus) 16.99
CALDO DE RES (Beef) 11.99
POLLO (Chicken) 11.99
MENUDO 11.99
POZOLE 11.99



SIETE MARES



CALDO DE RES



SALADS

AND MORE

Served with Lettuce, Avocado, Tomato, Orange,
Jack Cheese on top

CHICKEN SALAD

CARNE ASADA O POLLO SALAD 11.99

Beef or Chicken

CAMARON SALAD (No Cheese) 14.99

Shrimp or Fish Grilled or breaded

MARISCOS SALAD 17.99

Seafood Salad, Octopus, Abalone, Crab, Shrimp

DINNER SALAD 4.99

TACO SALADS

CARNE ASADA, POLLO, CARNITAS 10.99

Rice, Beans, Lettuce, Pico de Gallo, Sauce, Cheese,
Guacamole, and Sour Cream.

TACO SALAD DE

CAMARON O PESCADO Fish or Shrimp .. 13.99

BURGER

All Served with French Fries.

HAMBURGER 7.99

CHEESEBURGER 7.99

BACON CHEESEBURGER 9.99

Lettuce, Tomato & Mayonnaise

DOUBLE CHEESEBURGER 9.99

Lettuce, Tomato & Mayonnaise

BACON AVOCADO CHEESEBURGER 10.99

Lettuce, Tomato & Mayonnaise

BLT (BACON, LETTUCE & TOMATO) 7.99

Served with Lettuce, Tomato & Mayonnaise

CHICKEN CLUB SANDWICH (w/ Bacon) ... 10.99

Served with Lettuce, Tomato & Mayonnaise

EXTRA CHEESE 1.25



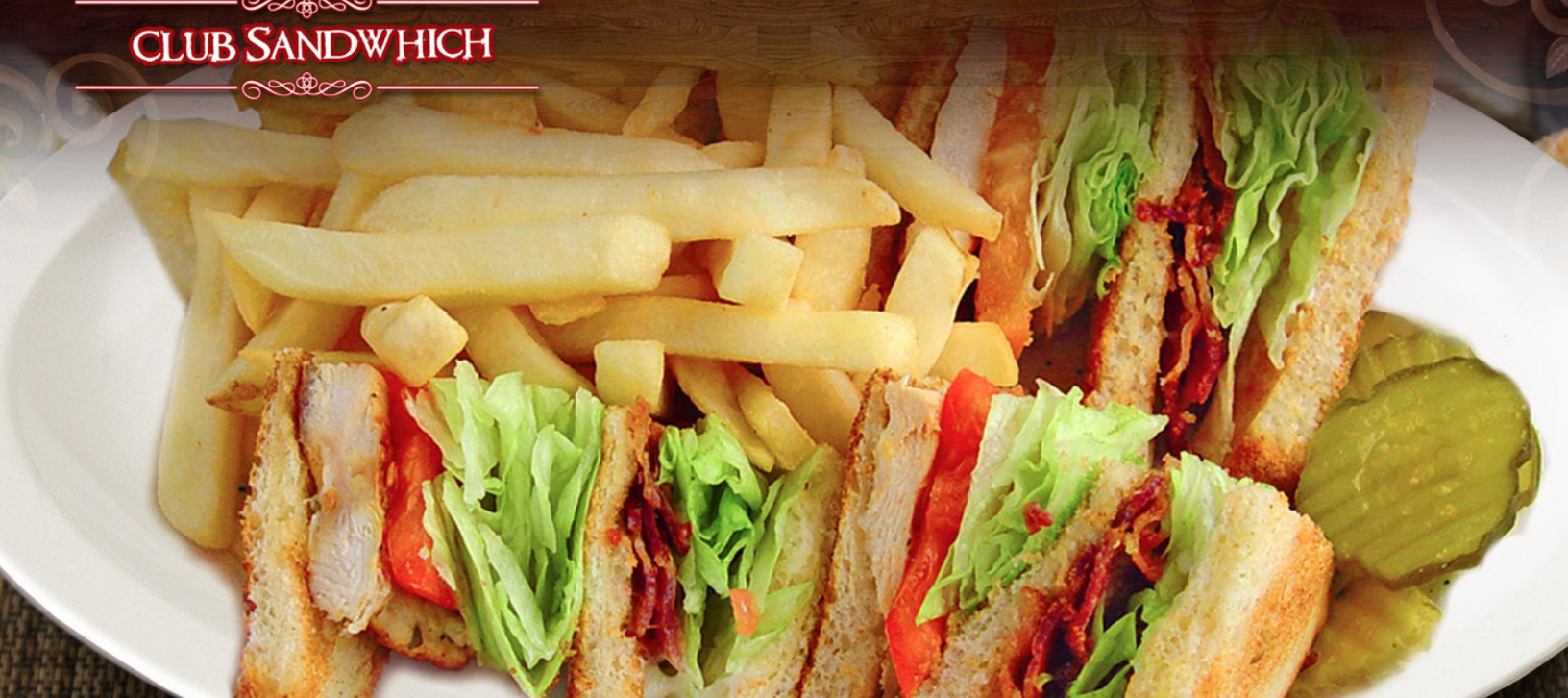
ENSALADA DE MARISCOS



TACO SALAD

WARNING: Eating eggs or meat may cause severe illness and even death in persons who have liver disease (E.G. Cancer or others chronic illness that weakens the immune system).
AVISO IMPORTANTE: El comer huevos o carnes crudas pueden causar una enfermedad grave y hasta la muerte. En las personas que padecen de enfermedades del hígado (Por ejemplo cancer u otras enfermedades crónicas que debilitan el sistema inmunológico).

CLUB SANDWICH





SIDES TO-GO

PARTY TRAYS

BOLSA DE CHIPS.8.99

PARTY TRAYS
Serves 25 Serves 50

	20 oz	32 oz
BEANS	5.99	8.99
RICE	5.99	8.99
SALSA	5.99	8.99
CEVICHE Fish or Shrimp	14.99	22.95
BARBACOA	15.99	22.95
SALSA DE ENCHILADAS	11.99	15.99
JUGOS	3.99	8.99

CEVICHE		
Fish or Shrimp Ceviche	60.00	120.00
FAJITAS MIXTAS		
Mixed Fajitas Tray	60.00	120.00
CHILE VERDE Green Chile Tray..	60.00	100.00
BARBACOA Beef Tray	60.00	120.00
MARISCOS CAMPECHANO		
Mixed Seafood	60.00	120.00
ARROZ Rice Tray	20.00	45.00
FRIJOL Bean Tray	20.00	45.00

DESSERTS POSTRES

FLAN	3.99
CHEESECAKE	3.99

KIDS 12 & UNDER

1 PANCAKE, 1 EGG, 2 BACON STRIPS OR 2 SAUSAGE	6.99
CHICKEN NUGGETS & FRIES	6.99
CHEESEBURGER & FRIES	6.99
Only meat, and cheese and Thousand Island Dressing	
1 TACO & FRIES Hard or soft	6.99
Shredded Beef, Chicken with Cheese	
CHEESE ENCHILADA & FRENCH FRIES ...	6.99
BEAN & CHEESE BURRITO	6.99
Served with French Fries	
KIDS QUESADILLA WITH FRENCH FRIES	6.99
4 CAMARONES W/ FRENCH FRIES	8.99

FLAN



LUNCH SPECIALS

MONDAY – FRIDAY 11AM–2PM

NO SUBSTITUTIONS - NOT AVAILABLE IN HOLIDAYS

\$8.99



TOSTADAS

Shrimp or fish Ceviche



HUEVOS RANCHEROS

Served with tortillas



CHILE RELLENO

Served with tortillas



2 ROLLED TACOS

Beef or chicken



SUPER NACHOS

Asada, chicken or beef



TACO SALAD

Asada, chicken or beef



CHEESE ENCHILADA & BEEF TACO



CHEESE ENCHILADAS

*Asada, chicken or beef
Add \$1.00 extra*



CHILE VERDE

Served with tortillas



FLAUTAS

Beef or chicken



WET BURRITO

Asada, chicken, beef or ground beef

– FILETE DE PESCADO –

*Served with rice, beans
& tortillas*

– MULITA –

*(1) Mulita with your choice of Asada, chicken or carnitas.
Served with rice & beans*

– SOPES –

*(1) Sope with your choice of Asada, chicken or carnitas.
Served with rice & beans*

– TACOS –

*Two soft taco or hard taco with
chicken, beef or asada.*

– COCTEL –

Shrimp or octopus